FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

_	Check this box if no longer subject to Section 16.
	Form 4 or Form 5 obligations may continue. See
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					UI	Section 30	(n) of the II	ivestillent	Comp	Jany Act of	1340								
Name and Address of Reporting Person* ALLEN JAMES P					2. Issuer Name and Ticker or Trading Symbol DLH Holdings Corp. [DLHC]									aship of Reporting Person(s) to Issuer applicable)					
															Director		10% Ow	· I	
(Last)	ast) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 10/01/2020								Officer (give title below) Other (spec				ecify below)	
3565 PIEDMONT ROAD, N.E., BLDG. 3-700																			
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
ATLANTA	GA	300	305										X	Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip))																
			Table I -	Non-D	erivativ	e Securi	ties Acc	μired, Ι	Disp	osed of	, or Be	neficially	Owned						
D D				Date	ansaction nth/Day/Yea	Executi	2A. Deemed Execution Date, if any				ties Acqui . 3, 4 and !	ired (A) or D 5)	sposed Of	5. Amount of Sec Beneficially Own Following Report	neficially Owned		rship Form: 0) or (I) (Instr. 4)	7. Nature of Indirect Beneficial	
						(Month)	(Month/Day/Year)		v	Amount		(A) or (D) Price		Transaction(s) (Instr. 3 and 4)		,,, ,		Ownership (Instr. 4)	
Common Stock ⁽¹⁾				10	/01/2020			A		8,784		A	\$ <mark>0</mark>	50,242		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	ise (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Trans Code (In		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		9	7. Title and Amount of Se Underlying Derivative Se 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securiti Benefici Owned	es ally	Ownership Form: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Security			Code	v	(A)	(D)	Date Exercisa		Expiration Date Title			Amount or Number of Shares		Followir Reporte Transac (Instr. 4)	d tion(s)	(Instr. 4)		

Explanation of Responses:

1. Grant of restricted stock units pursuant to the Company's 2016 Omnibus Equity Incentive Plan. The award vests in full on September 30, 2021.

Remarks:

/s/ James P. Allen

** Signature of Reporting Person

10/05/2020

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents that the undersigned, James P. Allen, hereby constitutes and appoints each of Michael A. Goldstein and Sarah E. Kle:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as a Director of DLH Holdings Corp. (the "Company"), a Fori
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any si
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be or

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform all and every act and thing whatsoever This Power of Attorney supersedes any power of attorney previously executed by the undersigned regarding the purposes outlined in the first pa This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 or 5 with respect IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 13th day of July, 2017.

_/s/ James P. Allen_____ Name: James P. Allen